

Comprehensive

Holistic Health



Deccan Park Resorts 
SOMA
HOLISTIC CARE !

HEALTH | WELLNESS | FITNESS

Deccan Park Resorts 
Delivering Value

Theetukal, Fernhill Post,
Ooty, The Nilgiris.

T: 0423 2444 547, 2444 003.

Mobile: 99429 86315.

www.deccanhotels.com

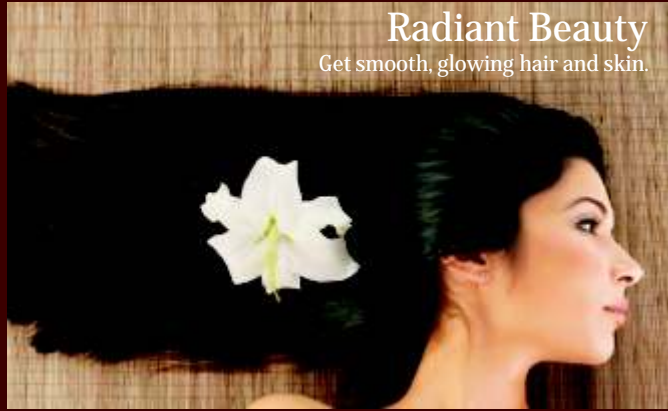


Deccan's SOMA helps you re-energize yourself in serene settings to elevate your senses. Nestled amidst a vast expanse in sylvan settings with a thick vegetable garden our holistic wellness packages help you rejuvenate. Drop in to experience oneness with nature.

SERVICES RENDERED

Radiant Beauty

Get smooth, glowing hair and skin.



Flawless Look

Free yourself from scars, acne and blemishes from any part of the body.



Wellness for Kids

Specialized customized packages for your dear little ones.



New Life

Old Life

Take a break from technology to recharge your body, mind and soul.



JOIN OUR TEAM 
 FOR NATURAL REBOOT

REJUVENATE,
 RECHARGE,
 REJOICE,
 RELIVE.



Personal Improvement

Improve your interpersonal relationships (both personal and professional) boost confidence to make you a winner.



Good Food Diaries

Learn about food and master your cravings.



Body Sculpting

Add in or loose to shape up your chest, arms, breast, abdomen etc...



Pregnancy Wellness

Specialized customized packages for those tender caring days.

Packages

- Suga**
Purify and nourish the body from inside out; right eating facilitates desired results, weight loss or gain.
- Ananda**
Rejuvenate mind, body and spirit. Reduce stress, encourage mental clarity and balance emotions and moods. Maintain peace and bliss throughout life.
- Soukya**
Detox naturally deeper to cellular level. Enhance total immunity.
- Arogya**
Cure or prevent illness, promote health and maintain it forever.



FACILITIES OFFERED

All kinds of Hydrotherapy, Massages, Wellness Treatments, Yoga, Pranayam & Wellness Packages.